

Ministry of social Justice and Empowerment New Delhi

Integrated Program for Senior (Citizens) IP/OP

CAD MS TRUST(R)

DEEPASHRI OLD AGE HOME – BIDADI Ramanagar District

Annual Report of the oldage home for the period from

April-2020 to March 2021

Introduction:

Care At Door Medical Services (CAD MS) Trust

The **CAD MS Trust** is a charitable Non-Governmental Organization-NGO, established on 28th February 2009 by **Dr Sreedhara KC and Mrs. Deepa** at Vijayanagar. It is registered under-12AA and 80G of the Income Tax Act 1961 and FCRA from **Ministry of Home affairs Govt. of India**



Our present services under the trust includes

- 1. Health- Hospital-** Running a Multispecialty hospital with 5 bedded ICU and Operation theater with all the facilities at Nagadevanahalli, Bangalore and started health center (DHC) at SMV Layout, 9th block, CA Site.

2. **Disability**-Providing residential facilities with **Medical & Nursing care** at our Deepashri Nursing and Rehabilitation center with old age home at **Nagarbhavi**- since 10 years and shifted to **Nagadevanahalli** rented building for bed ridden, terminally ill, palliative cancer patients, post head injury, stroke , mentally disorder etc. Recently established DIMHANS in SMV Layout, 9th block, CA Site. Conducting Nasha Muktha Bharatha Abhiyana which is a flagship program of Ministry of social Justice, New Delhi. Department for Differently abled and Senior Citizens, Bangalore Urban dist, Govt. Of Karnataka.
3. **Old age –Geriatric care** –Running 25 **bedded** Deepashri old age home at Rajarajeswarinagar and Bidadi **since** 6 years in rented building. Started a new oldage home at puttur, Dakshinakanna, in October 2021.
4. **Education**-Conducting free health education for Government, corporation school children at Bangalore and also factories, companies etc. And many PHD, MD, MHA.MSC, BSC, BPT students have selected our center for research purpose. We also have a Special school in Vijaynagar for Intellectually disabled children.
5. **Community development** – conducting free health camp at different slums in Bangalore, and in rural sectors and health checkup at different industries giving the fitness certificate to the workers.

Other social services includes, providing medical and nursing service to Sumanahalli village society for HIV AND LEPROSY patients, Gandhi old age home, Mathruchaya old age etc.

About Deepashri oldage Home

Founder chairman of Deepasri old-age and rehab center – **Dr. Sreedhara K.C**

MD,MHA,MLE,FNR(UK),Physician, Hospital Administrator, Specialist in Neuro Rehabilitation, Medico legal and NABH.

Secretary of Deepasri old-age and rehab center- **Mrs Deepa.s**, Engineer &Interior Designer.

Deepashri Oldage Home with Rehabilitation Center, was established on 20th September 2015 at Rajarajeshwari Nagar. Recently the centre was shifted to **Bidadi**. The center has only private and semi-private rooms with TV, attached toilet, wardrobes, separate kitchen, dining hall etc. The **Bidadi** center can accommodate all old-age groups with or without medical conditions who can manage with basic assistance for their daily day-to-day activities. Doctor, nursing and attendant care is provided to

all the residents. The residents can be relaxed in homely atmosphere.



CAD MS TRUST (R)

(Care At Door Medical Service)

Res.No. VJN-4-00138-2008/09

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DEEPASHRI OLDAGE HOME

BIDADI, RAMANAGARA. T & D

www.Cadms.org

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(Donations are Income Tax Exempted U/S 80 G / 12A & FCRA)



BUILDING EXTERIOR



GARDEN



GROUP ACTIVITY



TREATMENT ROOM



Doctor Consultation



COUNSELLING



INMATES ROOM



GERIATRIC FRIENDLY TOILET



KITCHEN





Physiotherapy

Physiotherapists treat patients with physical difficulties resulting from illness, injury, .patients and people with sports injuries. Physiotherapists work with patients to identify and improve their movement and function. They help promote their patients' health and wellbeing, and assist the rehabilitation process by developing and restoring body systems, in particular the neuromuscular, musculoskeletal, cardiovascular and respiratory systems. They devise and review treatment programs, comprising manual therapy, movement, exercise and the application of technological equipment, e.g. ultrasound. Physiotherapists also provide advice on how to avoid injury. DEEPASHRI old-age home and health center helps restore, maintain and make your movement/ function when you are affected by injury, illness or disability, manual therapy, education and advice that are tailored to individual needs to promote, maintain and restore physical health.

Professional healthcare services



- Medical wound care
- Medication teaching
- Pain management
- Disease education and management
- Physical therapy

Life assistance services

- Risk assessment
- Fall prevention assistance
- Ongoing assessment for activities of daily living.
- Medication reminders
- Medication teaching
- Transportation
- Companionship
- Activities of daily living (ADL) refers to six activities (bathing, dressing, transferring, using the toilet, eating and walking) that reflect the patient's capacity for self

DISPENSERY

Deepashri old-age home and health center have its own pharmacy with well stocked latest large range of medications, including more specialized and investigational medications from reputed pharmaceutical companies to make medicines easily available for you, we offer home delivery services. Just call us and tell what you need. We will deliver the same to your doorsteps.

Laboratory

Laboratory tests could be easily carried out by collecting samples from patient's home. Our technicians/paramedical staff are well equipped to collect samples right from patient's home. This service is especially helpful for the bed ridden and their relatives.

- Blood & Urine Checkups
- General Health Checkups

Ambulance service



We have swift emergency ambulance service and they are available 24x7 in need of any transportation for admission or drop back, please contact 9481486054. We also have a mortuary with freezer box for registered residents.

Hospitalization

Deepashri Hospital, is 25 Bedded Multi Specialty Hospital with 24 hours Emergency and Trauma Service, Operation Theatre, Labour Room and all variety of beds in an affordable range. Deepashri Hospital was founded in the year 2008. The planning, designing and man power was done by **Dr.Sreedhara KC, MD,MHA,MLE,FNR (UK)**, Consultant Physician, Hospital Administrator Specialist in Neuro Rehabilitation /Medical legal and NABH.

Lifestyle at our oldage home

Republic Day celebration 26th jan 2021



Celebrated Independence Day 15th August 2020



RRTC –NIGHTINGALES MEDICAL TRUST (NMT) VISIT REPORT

DATE-02-09-2020 - TIME-3.30 PM

INSPECTING TEAM(NMT - :Mr. Praveen and Mr.Ranjan

DEEPASHRI OLDAGE STAFFS PRESENT-: Founder Chairman- Dr.Sreedhar

: Front office-Komala, Yuvashree.s

: Nursing staff-Roopa D.T, Mamatha

: Security-Maasthi Gowda ,etc...

: And all our Bidadi Inmates



INTERACTION WITH THE BENEFICIARY

Enquired about Beneficires wellness,food,recreation,security,medical and nursing services.



DOCUMENTS VERIFIED

Verified with Staff Attendance Register, Ledger book, Cash book, Inmates detailed file, Activity book.



Celebration of Ayudha Pooja



About the inmates



Join Director Visit

DATE-18-02-2021 - TIME-11:30 AM to 2:0 PM

INSPECTION CONDUCTED BY :Mr. R.T Padaganavar, Joint Director – Department of Disabled and Empowerment of Senior Citizens, Government of Karnataka

DEEPASHRI OLDAGE Home STAFFS PRESENT:- Founder Chairman- Dr.Sreedhara K.C

: Superintendent – Dr. Sowmya

: Nursing staffs - T, Mamatha & Asha

:and all other staff etc

: And all our Bidadi Inmates

Join Director Visiting on 18/2/2021



Invited By: Dr. Sreedhara K.C & team



INTERACTION WITH THE BENEFICIARY

Enquired about Beneficires wellness,food,recreation,security,medical and nursing services.



DOCUMENTS VERIFIED

**Verified Staff Attendance Register, Ledger book, Cash book, Inmates detailed file, Activitybook
GB Meeting etc**



Interaction with staff



PROJECT MONITORING UNIT REPORT (PMU) VISIT REPORT

DATE-28-09-2021 - TIME-3.30 PM

INSPECTING TEAM(NMT) - :Mr. Ambati Mahesh

DEEPASHRI OLDAGE STAFFS PRESENT-: Founder Chairman- Dr.Sreedhara K.C

: Administrator- Dr. Sowmya

: Nursing staff- Mamatha,Arpitha

: Arpana Mahesh – counsellor.

: Yoga - Mr. Manjunath

: Security-Mr.Sunil

: Accountant- Mrs. Megha S.M

: Helper- Ms. Asha

: Cook- Mrs. Nagapriya

: And all our Bidadi Inmates



INDOOR INSPECTION:

Interacted with Beneficiaries

Inspected all inmates Rooms, Kitchen, Garden , Toilets etc.

Observed Disabled friendly accommodation , Good ventilation, CCTV.

Total capacity of the building – Available 12 rooms, 12 toilets, can accommodate 25 inmates.

Number of Beneficiary present is - 24, Male- 11, Female – 13.

There is a space available for indoor activities.

Enquired about Beneficires wellness, food, recreation, security, medical and nursing services.



DOCUMENTS VERIFIED

Beneficiary Attendance, Staff Attendance, IP/OP Files, Cash flow register

Inventory file(asset register), Ledger book, Beneficiary diet chart, Security book

Registration book, Salary File, Medicine stock ledger, Management committee, meeting file,

Indoor Recreation Activities at Bidadi



CELEBRATION OF WORLD SENIOR CITIZEN'S DAY



OUT DOOR ACTIVITIES



CERTIFICATE ISSUED TO SPORTS WINNER



